

## Celebration of Mental Health Week Talk on 'Happy Parenting'

**Oct. 11, 2018:** Amity Institute of Behavioural and Allied Sciences (AIBAS) of Amity University, Madhya Pradesh is celebrating Mental Health Week from 08<sup>th</sup> - 12<sup>th</sup> October 2018. As a part of this celebration, a talk on 'Happy Parenting' was organized for Teachers (i.e. working parents) of Amity International School, Gwalior; with the objective of creating awareness about the mental health of children with respect to various parenting styles. Prior to the talk, the participants had taken a test to get their parenting styles assessed; following which they have explained these styles, general mistakes done while parenting and their respective influences on children. A fruitful discussion at the end of the talk resulted in parents being more aware of their responsibilities.



  
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